



Many Minds One Heart

Our Lady of Lourdes School

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Newsletter No 11

Week 9 Term 2

26 June 2018

IMPORTANT DATES 2018

JUNE

Thurs 28 STEM Challenge during lunch time

Fri 29 Last day of term 2 for students & staff

JULY

Mon 16 Pupil Free Day

Tues 17 First day for students– Term 3

Wed 18 First Reconciliation 9.00am

Sat 21 Reconciliation Thanksgiving & Family Mass
Year 3

Tues 24 Board Meeting 5.30pm

Wed 25 Nude Food Day

Thur 26 Year 1 Assembly

Thur 26 Life Skills for Life - Year 6 - 9.30am

Fri 27 BCC Drama Workshops Years 3 & 4

Dear Parents and Community Members,

Lord,

*May all that we do this day,
from morning until night,
begin with your inspiration,
and continue with your powerful help.*

*May our work this day
be full of love and mercy,
that we might love you,
and love our neighbours,
as perfectly as you love us.*

We ask this through our Lord Jesus Christ.

Amen

Reports

On Friday reports will be sent home with students. Please celebrate progress with your child and talk about their achievements with them. If students are absent from school on Friday, their reports will be posted home.

NAIDOC Week Activities

Yesterday the students from Dardanup Primary School joined with our students to participate in a range of activities for NAIDOC week. Students were engaged in activities that included, jigsaws, Yongha hunt, damper making, Dreamtime story and picture, water colours and dot painting. Thank you very much to Hayley Thompson for coordinating and planning for this event.

Cyber Safety Parent Workshop

It was an extremely informative workshop last night presented by Jordan Foster from ySafe. Parent resources can be found using the following link:
<https://ysafe.com.au/tools.html>

We Value:

Integrity

**Developing your whole self to become your best,
demonstrated by consistency between thoughts,
judgements choices and actions.**

We show this by:

- Standing strong for what you believe
- Saying it, meaning it, doing it
- Telling the truth
- Being a leader inside and outside the classroom
- Making good choices and learning from your mistakes

OUR VISION

A welcoming community of Many Minds and One Heart in Christ

OUR MISSION

With Christ as its inspiration & guided by Gospel values, the school strives to promote the education & development of the whole child. Our Mission is to provide a high quality education that will inspire an ongoing love of God and embrace our core values:

INTEGRITY

RESPECT

JUSTICE

COMPASSION

COURAGE

School Board

The School Board met last week and have started discussions towards a revised Strategic Plan to guide our direction for the next five years. The Board also looked at results from the 'Tell them from me' survey that was recently undertaken with our parent group. There were 48 respondents to the parent survey. In the survey, one area was about two-way communication. The mean score when asked if parents feel welcome when they visit the school was 8.0. The school mean for the question about whether parents are well informed about their child's progress in school subjects was 6.7. Some parents indicated they had not talked with a teacher about their child's learning or behaviour very often this year. Please be assured that parents are always encouraged to make a time to meet with teachers if ever they have concerns about any aspects of school life.

The survey was an anonymous tool for gathering information, therefore individual feedback cannot be personally addressed. If you would like to discuss the feedback you gave, please make an appointment to meet with me.

The school staff are currently working on investigating parent communication tools, digital portfolio options and are drafting a Parent Communications Policy. We appreciate the involvement of those who responded to the survey. It is through feedback that we endeavour to improve.

The School Board would like to advise the community that our building project has commenced this week. Construction of two toilet blocks, one adjoining the Year 2 classroom and one adjoining the Year 4 classroom are anticipated to take 8-10 weeks, with lots of activity planned for the upcoming school holidays. Please be mindful and take care around the construction sites.

The next Board meeting will be held on Tuesday 24 July at 5.30pm.

School Fees

Accounts are being sent home today as a reminder of how you are going with your school fees this year. Thank you to those who have already paid their fees in full. We understand that some families are making progressive payments throughout the year. If you are having difficulty, please contact the office for a confidential meeting.

P&F

Each year, our wonderful P&F provide each class with \$300 towards 'Wish Lists' to support resource purchasing of something specific for their year level/subject area. We sincerely thank the P&F for this initiative, as one of many ways they support our students and their learning. Please see photos in this newsletter to see what each class has chosen this year.

The next P&F meeting will be held on Thursday 2 August at 9.00am.

Term 3 Calendar

The Term 3 calendar will be sent out to all families with this newsletter today. Please keep this as a guide to keep you informed about some exciting events which will be happening next term including First Reconciliation, Drama workshops at BCC, Science Day activities, swimming lessons, Italian afternoon, Book Week assembly, class assemblies presented by Years 1, 4, 3 and 5, Year 6 Camp, Open Morning and so much more! There is a pupil free day on Monday 27 August, please note this date in your diary.

Winter Uniform

As the cold weather is well and truly upon us, just a reminder that the sports jacket is worn with the sports uniform, and the woollen jumper is worn with the formal winter uniform.

Most students wear our very smart uniform with pride, and I thank parents for supporting students to do this.

Music Assembly – AFL Originals

This was held last Friday. All students from Kindergarten through to Year 6 were involved in a class song/item. It was wonderful to see the progression of Music learning across the grades, from untuned percussion instruments through to ukuleles. Congratulations to all students and special thanks to parents for the creative costumes that enhanced the assembly.

Holiday Reading

The following infographic by Nagy and Herman, 1987, (on the next page) illustrates that students who read for 20 minutes each day develop a strong vocabulary, strengthen their reading and develop the following attributes:

- creativity
- enriched vocabulary and writing skills
- the ability to empathise with others
- increased knowledge and information
- an inquiring mind and a desire to ask questions
- an open mind to different perspectives.

It does not matter what your child reads – comics, magazines, non-fiction or picture books, thick or thin books, it is important that they read. A book which taps into your child’s interest will ensure that your child will readily invest in practising their reading skills without much external pressure. Intrinsic motivation drives them to develop a deep love for reading. Holiday reading will ensure that learning continues. Enjoy spending some time reading together during the holidays, and enjoy the ongoing benefits!

Mindfulness and Meditation classes for Students

Next term, a series of workshops designed to teach children stress management strategies through mindfulness and meditation, will be offered in our school Hall on Thursday afternoons. Abbey Piggott, Facilitator from the South West Institute of Mindfulness will be running the sessions starting in Week 2 for eight weeks. In you are interested in registering please visit her website at www.abbeypiggott.com.au.

Glass water bottles – safety concern

After a recent accident with a glass water bottle shattering on the basketball court area, we request that parents don’t send glass water bottles to school with students, thank you.

Term 3

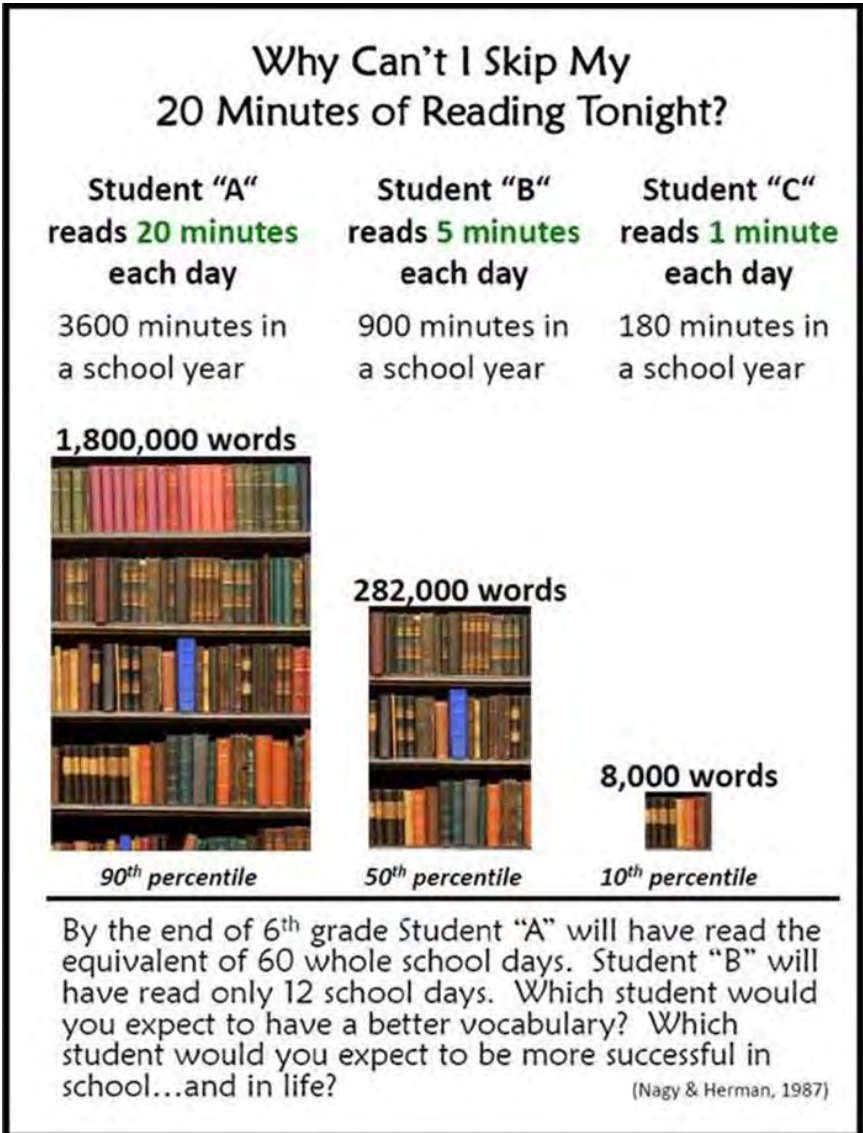
Term 3 commences for students on Tuesday 17 July. Monday 16 July is a Pupil Free Day.

Thank you for a busy term filled with lots of learning, activities and fun. Enjoy the holidays with your families.

May God bless you



Mrs Angela Hegney
Principal



CLASS NEWS



Year Five

We have been working hard on our Math topic on Decimals. We are becoming adept at identifying the size of a decimal, the place value after the decimal point, and how to compare their sizes.

We have written a recount letter from the point-of-view of a Nanna. We will have some very active and fun-loving grandparents in the future!

We enjoyed participating in both the Music Assembly and the NAIDOC day activities.

We hope everyone enjoys a safe and restful holiday!

Pre Primary

It is hard to believe another term has come to an end. Last Tuesday we were lucky to have Mrs Float come in and talk to the class about being a vet. The class was asked to think of some interesting questions they could ask Mrs Float about the animals that she had looked after, and what she did to become a vet. She had some very interesting questions to answer! We have set up a vet clinic in our classroom and the students are enjoying looking after our furry soft toy animals!

We hope the Pre primaries and their families enjoy their holiday break.

Year One

Last week the Year 1's received a letter from the Gingerbread Man. He asked us if we could help him get away from the Fox by designing and making him a 'Getaway Vehicle'. He now has so many to choose from - motorbikes, boats, speedy cars, planes and even a rocket. It will be so hard for him to choose which one he will use because they are all so fantastic!

Year Six

This week we helped organise the activities for NAIDOC Week and thoroughly enjoyed participating in the activities with Dardanup Primary School.

We have been writing poetry in English and all entered the National NAIDOC week poetry competition for Year 3-6.

In Maths we are learning about 3D shapes and their properties.

We wrote an essay in HASS about minority groups in Australia's history that have not always been treated fairly and to finish off this unit of work we are going to watch the film Rabbit Proof Fence.

Year Two

Well that term flew by and what an action packed term it was! We have made great progress this term, learning lots of new things.

This past week we have been learning about three dimensional shapes and nets as well as symmetry and lines of symmetry.

Next term we look forward to building on our skills and working hard. We look forward to a restful holiday to recharge!

Year Three

In Year 3, we are busy learning about angles.

We had our assembly last week and we are now preparing for our First Reconciliation.

In Digital Technology, we have been learning about compass directions, and in Art, we have started doing paper mosaics.

Year Four

Wow, where did the term go? We are all looking forward to holidays after a very busy 9 weeks. In Geography, we have written letters to state our point of view on whether a luxury hotel should be built on Rottneest Island. We have had to consider the impact on the environment, animals and beaches. In health, we have made posters advertising a healthy lifestyle. We are looking forward to our assembly next term as well!

Happy holidays everyone, see you in term three!

Kindy

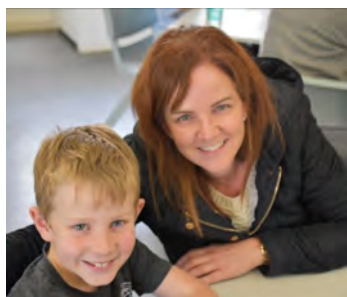
Wow, we have reached half way in our Kindy journey! I am amazed at the progress all students have made in their first semester of school. I will be meeting with parents on Wednesday to discuss student learning in Parent/Teacher interviews. For those unable to make Wednesday, I will offer alternative times. Portfolios will also be sent home on Friday to allow further opportunity to view learning progress and personal development.

In class we are busy developing our fine-motor skills and completing a unit of work on Monster Manners. We wish everyone a safe and relaxing holiday!

Reconciliation



Parent/Child Workshop



Year 3 Assembly



P&F WISH LISTS

With the funds provided by our P&F, our classes were able to purchase the following for use in their classrooms.

Pre Primary

Year 1

Year 2

Year 3

Year 4

Years 5 & 6

Decodable reading books

Document Camera & Mobilo

Listening Post

Document Camera

Storage Units and Draws

Games and activities, headphone splitters, headphones and CD player

Subscription to 'Mystery Science'

Boomwhackers & Metallophones

Games

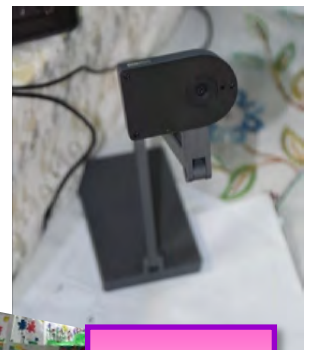
Science

Music

Italian



Music



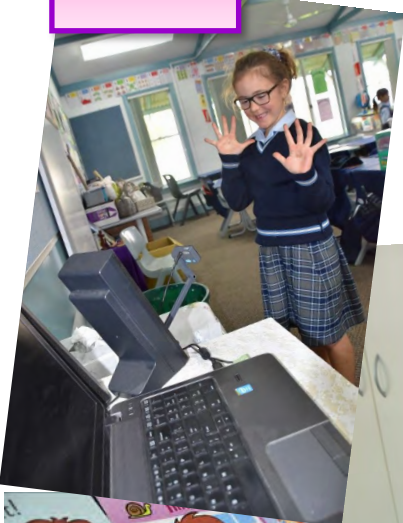
Year 3



Year 4



Year 1



Pre Primary



P&F WISH LISTS



Year 2



Italian

Combined
Years 5 & 6



Science



MJR Stars!

Selina shines with the MJR spirit! She consistently uses beautiful manners and is gentle and caring towards her peers. When a friend is hurt or upset, Selina shows she cares by asking if they are okay, helping them, and keeping them company. Selina is always friendly and happy and always plays co-operatively. Selina is determined to learn and tries her best in everything she does and this is why Selina is an MJR star!

Celeste is a kind and considerate and is determined to do her best in everything she does. She always uses beautiful manners and listens carefully to what others have to say. Celeste works cooperatively with others and takes great pride in all that she does. She is always one of the first to offer help to others, and you will often see Celeste asking others to join in with her games. Her bubbly personality and happy nature make her a very special and valued class member.

Katherine is an amazing example of Jesus in our classroom.

She displays determination in all that she does. Katherine is hard working and perseveres when confronted with any difficulties. She always has a smile on her face, and treats her peers with care and respect.

Katherine's determination shows the Spirit of Jesus in our classroom and is the reason why she deserves the MJR award.

Charlotte is an amazing MJR star! She has shown the quality of determination in many different ways. Charlotte stays focused on the task at hand and uses all class time constructively, consistently using her personal best effort on a daily basis. She tries her hardest to face any challenge she is set, overcoming any obstacles she encounters on the way.

Well done Charlotte on being an amazing role model in the way you use your determination!

Term 2 2018



Music Assembly AFL Originals



NAIDOC Celebrations





OUR LADY OF LOURDES, DARDANUP

TERM 3 CALENDAR, 2018

BUS Route	Term 3 2018	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
Round 2	July Wk 1 <i>Courage</i>	16 Pupil Free Day	17 K - Yr 6 Commence for Term 3 Staff Meeting	18 First Reconciliation 9.00am followed by morning tea	19	20 World of Maths Incursion	21/22 Reconciliation Thanksgiving & Family Mass Year 3 (Saturday)
Round 2	July Wk 2	23 Fr Wayne going on leave	24 PLC Meeting Board Meeting	25 Nude Food Day	26 Year 1 Assembly Life Skills for Life 9:30am Year 6	27 BCC Drama Workshops Years 3 & 4	28/29
Round 1	July/August Wk 3 <i>Respect</i>	30 Principal at Leaders Forum in Perth	31 PLC Meeting	1 Aug	2 P&F Meeting 9.00am	3	4/5
Round 1	August Wk 4	6 Bishops Religious Literacy Assessment Year 5	7 PLC Meeting	8 Feast of St Mary MacKillop Mass 9.00am	9 Year 4 Assembly	10 Science Day Activities	11/12
Round 2	August Wk 5 <i>Compassion</i>	13 Bishops Religious Literacy Assessment Year 3 Swimming Lessons	14 Staff Meeting Board Meeting	15 Feast of the Assumption Mass Year 4-6 11.00am	16	17	18/19
Round 2	August Wk 6	20 Swimming Lessons	21 PLC Meeting	22	23	24	25/26
Round 1	August/September Wk 7 <i>Justice</i>	27 Pupil Free Day	28 Italian Afternoon from 1.30pm PLC Meeting	29 Steve Heron Author Visit	30 Book Week Assembly	31 Father's Day Breakfast Beauty and the Beast excursion BCC Years 5 & 6	1/2 Sept Father's Day
Round 1	September Wk 8	3 Pre-Primary Parent Teacher interviews (Mon-Thurs)	4 Year 6 Camp Staff Meeting P&F Meeting 6.30pm	5 Year 6 Camp	6 Year 3 Excursion (TBC) Year 6 Camp	7 Year 6 Camp	8/9
Round 2	September Wk 9 <i>Integrity</i>	10	11 PLC Meeting Board Meeting	12	13 Open Morning MJR Assembly	14 Faction Fun Day	15/16
Round 2	September Wk 10	17	18 Principal and Assistant Principals at Conference (Tues to Friday)	19	20 Year 5 Assembly	21 End of Term 3 for Staff and Students	22/23

Mindfulness & Meditation with Abbey Piggott

Term 2

I have enjoyed every minute of this term facilitating the eight week program in Mindfulness & Meditation held at Our Lady of Lourdes Primary School. Students thoroughly enjoyed the classes and learnt about topics which included:

Mindfulness, Positive self-talk, Trust, Gratitude, Resilience, Connections to thought and behaviour and Emotions.

The program addresses the social, emotional and mental aspects of a child's wellbeing. Children experience and develop a 'tool kit' to manage underlying thought processes and empower them when facing personal challenges. Classes cover;

- Breathing techniques to manage our emotions to reduce stress and anxiety
- Guided visualisation meditation encouraging 'calm children'
- Teaching positive self-talk to build self-esteem
- Promotes awareness of thoughts impacting on our actions
- Nourishing creativity and encouraging compassion, generosity and respect
- Stimulates parts of the brain that increase focus and concentration
- The science behind why the brain and body respond to mindfulness techniques

My background includes over a decade of high school teaching experience in Health and Physical Education and counselling qualifications. My aim and purpose is to equip students with skills to manage stress before they start high school. I'm passionate about preventing the high levels of mental health issues seen in our teenagers today. **If you are interested in registering for Term 3 please visit www.abbeypiggott.com.au**

Thank you to the parents, the staff, Mrs Angela Hegney for seeing value in this program and for making me feel so very welcome and supported at Our Lady of Lourdes. I'm deeply grateful. Wishing students and families a well-deserved break after a very busy term!

Abbey Piggott
Facilitator | BEdHSc, GdipEd, GDipCm
South West Mindfulness
Mobile +61 423036688
sw.mindfulness@hotmail.com



Recycling

Recycling Nespresso Capsules

We all love a good coffee – but we end up with a lot of waste from the capsules. Why not send those capsules in to the Year 5 room to contribute to our recycling program?

ACCEPTED WASTE



To ensure we recycle this waste stream correctly, please ensure the capsules are dry. They DO NOT have to be empty.

What happens to the waste?

We send the capsules off to a co-operating agency. The capsules are shredded and melted down then turned into new aluminium products. Residual coffee is separated and sent to an industrial composting facility.

Writing Workshop for Primary School Children

FREE EVENT

Tuesday, 3 July 2018 at Bunbury Public Library 9.30 am – 11 am.

Register with Janice Mason on 04437 954 147 or via email janicemason136@gmail.com

This workshop is for primary school children and will be facilitated by Rachel McEleney. The aim is to provide participants with the tools and inspiration to write performance texts. The workshop aims to explore different types of poetry and use them as a basis to develop and create new works. Using the world around as motivation, participants will be encouraged to create their own unique performance piece and to submit their work to Shore Lines, Writing for Performance Festival competition.

printer cartridges

ANY BRAND

YEAR 6

RECYCLING AT OLOL

Our goal is to reduce waste going to landfill by creating collection points for all kinds of typically non-recyclable waste.

Colgate

Please note: Electronic toothbrushes and electronic toothbrush parts are not recyclable through this program.

PRE PRIMARY

COFFEE PODS

NESCAFE Dolce Gusto

NESPRESSO

YEAR 5

At home, collect the waste listed here and send it in to school to the nominated classroom. The waste will then be recycled or reused through various agencies.

Ring Pulls

YEAR 2

READING GLASSES & CASES

YEAR 3

RECYCLE YOUR BATTERIES TODAY!

ANY BRAND

YEAR 4

MAILING SATCHEL BRIGADE

Accepted Waste

YEAR 1